

Middle School

Rockdale County Schools

March 2024

Breakfast \$1.30 Lunch \$2.45

Menu subject to change without notice	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Options:</u> Homemade Pizza PB & J Basket Salad Plate					3/1/2024 French Toast Sticks Sausage Links Sweet Potatoes Sliced Cucumbers Mixed Berry Cup Milk
	3/4/2024 Oven Fried Chicken Mashed Potatoes w/Gravy Green Beans Homemade Wheat Roll Mixed Berry Cup Milk	3/5/2024 Chili w/ Cheese Fritos Steamed Broccoli Steamed Carrots Sliced Pears Milk	3/6/2024 Lemon Pepper Chicken Wing Tater Tots Celery Homemade Wheat Rolls Mixed Fruit Milk	3/7/2024 Spicy Chicken Tender Sub w/Ranch Sauce French Fries Baked Beans Sliced Peaches Milk	3/8/2024 Chili Cheese Hot Dog French Fries Grape Tomatoes Orange Wedges Milk
	3/11/2024 Spicy Chicken Sandwich w/Ranch Sweet Potato Fries Cucumber Slices Fresh Pear Milk	3/12/2024 Walking Taco Beef & Cheese Black Beans Garden Salad Mixed Fruit Milk	3/13/2024 BBQ Chicken Wing Mac & Cheese Sweet Potatoes Collards Cornbread Slice Peaches Milk	3/14/2024 Chicken Noodle Soup Toasted Cheese Sandwich Sliced Cucumbers Grape Tomatoes Orange Wedges Milk	3/15/2024 Hamburger or Cheeseburger French Fries Broccoli Fresh Apple Milk
	3/18/2024 Chicken w/ Italian Cheese Pasta Bake Garlic Bread Stick Steamed Broccoli Steamed Carrots Sliced Peaches Milk	3/19/2024 Cheesy Bread or Pepperoni Cheese Bread w/Marinara Sauce Carrots Tater Tots Sliced Pears Milk	3/20/2024 Spicy Chicken & Waffles Tater Tots Gold Rush Juice Applesauce Cup Milk	3/21/2024 Beef & Cheese Nachos Rice Pinto Beans Corn Banana Milk	3/22/2024 French Toast Sticks Sausage Links Sweet Potatoes Sliced Cucumbers Mixed Berry Cup Milk
	3/25/2024 Oven Fried Chicken Mashed Potatoes w/Gravy Green Beans Homemade Wheat Roll Mixed Berry Cup Milk	3/26/2024 Chili w/ Cheese Fritos Steamed Broccoli Steamed Carrots Sliced Pears Milk	3/27/2024 Lemon Pepper Chicken Wings Tater Tots Celery Homemade Wheat Rolls Mixed Fruit Milk	3/28/2024 Spicy Chicken Tender Sub w/Ranch Sauce French Fries Baked Beans Sliced Peaches Milk	3/29/24 Teacher Work Day